

BREAKFAST

LUNCH

DINNER

DINE IN TAKE OUT

CATERING FOR ANY OCCASION

BANQUET ROOM

WWW.ELIJAHSRESTAURANT.COM

7061 Clairemont Mesa Blvd, San Diego, California 92111
 858 455 1461, Fax. 858 455 9529

BEVERAGES

• Fountain Soda Coca-Cola, Diet Coke, Sprite, Root Beer, Dr Pepper, Fanta, Raspberry Iced Tea	3.50
•Lemonade	3.50
•Iced Tea	3.50
Milk (whole)	3.50
Dr. Browns Soda	3.95
•Perrier	3.95
 Chocolate Phosphate 	6.95
 New York Egg Cream (chocolate) 	6.95
Milk Shake	8.95
 Root Beer Float 	7.95
•Ice Cream Soda	7.95
•Coffee	3.50
•Hot Tea	3.50
 Hot Chocolate 	3.95
•Hot Water Service	1.95

JUICES	
Orange Juice	4.95
Apple Juice	4.95

Cranberry Juice

4.95

BEERS Amstel Light 6.95 Blue Moon 6.95 Budweiser 6.95 Budweiser Light 6.95 Coors 6.95 Coors Light 6.95 •Corona Extra 6.95 Corona Light 6.95 Guinness 6.95 Heineken 6.95 Miller Genuine Draft 6.95 Miller Light 6.95 Samuel Adams 6.95 ·Sierra Nevada Pale Ale 6.95 •O'Douls non-alcoholic 6.95 Modelo Especial 6.95 Modelo Negra 6.95 Sculpin IPA 7.95 Ballast Point Mosaic Session IPA 7.95 Karl Strauss Brewing Company 7.95 Aurora Hoppyalis Ipa Karl Strauss Brewing Company

7.95

Red Trolley Ale

Karl Strauss Brewing Company





APPETIZERS

 Potato Pancakes 8.95

Two homemade latkes served with apple sauce and sour cream. Add nova lox for \$5.95

8.95 Blintzes

Great Grandma's recipe... Two rolled crepes filled with cheese, cherries or apples. Add fresh strawberries for \$2.50

10.95 Potato Knishes

Potato and onion wrapped in delicate, flaky puff pastry

8.95 Stuffed Cabbage Roll

Filled with ground beef and fresh herbs, served in a traditional sweet and sour sauce

12.95 Chopped Liver

Served on a bed of lettuce with tomato, cucumber, onion and rye bread

 Hummus Dip 9.95

Served with lettuce, tomato, onion and warm pita. Add extra side of pita bread-\$1.50

Elijah's Sampler 13.95

One potato pancake, one cheese blintz and hummus served with pita bread

 Carne Asada Fries 12.95

Crispy fries piled high with asada meat, salsa and sour cream. Add guacamole for \$2.95

 Chili Cheese Fries 12.95

Crispy fries topped with chili, salsa fresca and

 Chicken or Beef Quesadilla 12.95

Cheddar and Jack cheese stuffed in a burrito size flour tortilla with condiments on the side

 Crispy Chicken Wings 12.95

Crispy chicken wings served with celery, carrots, ranch or blue cheese dressing

SOUPS

	Bowl	Cup
·Chicken Noodle Soup	8.95	7.95
with Matzo Ball or Kreplach	10.95	
•Soup of the Day	9.95	8.95
•Sweet and Sour Cabbage	9.95	8.95
 Mushroom Barley 	9.95	8.95

13.95 Mish-Mosh Soup Chicken noodle soup with carrots, matzo ball and kreplach

chicken

 Chicken in a Pot 24.95 Chicken noodle soup with carrots, matzo ball, kreplach and boiled

BURGER SLIDERS

CHOICE OF BEEF, OR BBQ SHREDDED BRISKET. SERVED WITH SIDE OF FRENCH FRIES

2 Burgers 10.95 13.95 3 Burgers

SALADS

DRESSINGS: RANCH, BLUE CHEESE, ITALIAN, THOUSAND ISLAND, GREEK, BALSAMIC VINAIGRETTE AND RASPBERRY VINAIGRETTE

 House Salad 12.95

Mixed greens with your choice of dressing, topped with cucumbers, roma tomatoes, red onions and kalamata olives Add a scoop of tuna salad, chicken salad, egg salad or chopped liver - \$3.95

 Lettuce Wedge Salad 14.95

Crispy iceberg lettuce topped with chopped tomatoes and red onions, bacon bites and blue cheese crumbles

 Caesar Salad 14.95

Chopped romaine hearts tossed with croutons and our caesar dressing topped with shaved parmesean cheese Add grilled chicken or grilled salmon - \$4.95

15.95 Greek Salad

Mixed greens with red peppers, red onions, kalamata olives, roma tomatoes, cucumbers, feta cheese and stuffed grape leaves tossed in greek dressing. Add grilled chicken or grilled salmon – \$4.95

 Cobb Salad 17.95

Mixed greens and seasoned croutons topped with crumbled blue cheese, chopped egg, smoked turkey, avocado, diced roma tomatoes and bacon with choice of dressing

18.95 Sunshine Chicken Salad

Mixed greens with grilled chicken, red peppers, portobello mushrooms, roma tomatoes, candied walnuts and orange slices all tossed in a walnut raspberry dressing

 Crispy Duck Salad 20.95

Baby greens tossed with orange slices, candied walnuts, cucumber, red cabbage, red peppers and raspberry vinaigrette topped with slices of roasted duck breast

21.95 Steak Salad

Tender skirt steak served on a bed of mixed greens and red cabbage with Blue cheese crumbles, carrots, onions and tomatoes and served with choice of dressing



• Half Sandwich and Soup or Salad 15.95 Choose half of an overstuffed deli sandwich and a bowl of soup or a house salad (add \$2 for mish-mosh soup)

14.95

• Bowl of Soup and Salad A bowl of our homemade soup and a house salad (add \$2 for mish-mosh soup)



SANDWICH SPECIALTIES

SERVED WITH YOUR CHOICE OF POTATO SALAD, PASTA SALAD OR COLE SLAW. SUBSTITUTE A HOUSE SALAD FOR \$2.95. ADD FRENCH FRIES FOR \$2.95 OR ADD ONION RINGS FOR \$3.95

•Reuben, Reuben	19.95
Choice of hot pastrami, hot corned beef, turkey off the bird or smoked turkey with swiss cheese and sauerkraut on grilled rye with Russian dressing	

Philly Cheese Steak Beef or chicken with grilled onion, peppers, mushrooms and provolone cheese on a french roll	19.95
BBQ Shredded Brisket Beef brisket in BBQ sauce and melted monterey jack cheese on a kaiser roll	19.95
French Dip Thinly sliced roast beef with melted provolone cheese and chili peppers on a french roll served with au jus	19.95
California Grilled Chicken Club Grilled chicken breast with jack cheese, turkey bacon, avocado, lettuce and tomato on your choice of bread	17.95
Smoked Turkey Club Smoked turkey with turkey bacon, avocado, lettuce, tomato and swiss cheese on your choice of bread	16.95
 Monte Cristo Ham, turkey and swiss cheese on challah bread dipped in egg and fried. Served with fresh fruit cup. 	15.95
Open Faced Turkey Meatloaf With mashed potatoes, cranberry sauce served on rye bread	15.95

SKY HIGH SANDWICHES

SERVED ON RYE BREAD UNLESS OTHERWISE REQUESTED WITH YOUR CHOICE OF POTATO SALAD, PASTA SALAD OR COLE SLAW. SUBSTITUTE A HOUSE SALAD FOR \$2.95. ADD FRENCH FRIES FOR \$2.95 OR ONION RINGS FOR \$3.95

• The Statue of Liberty	22.95
Smoked turkey, hot corned beef, swiss cheese and Russian dressing	
•The Rockefeller Center	22.95
Hot corned beef, chopped liver and sliced tomato	
•The Empire State Building	22.95
Hot corned beef, hot pastrami, swiss cheese and Russian dressing	

22.95

Rare juicy roast beef, hot pastrami and jack cheese

The Times Square



OVERSTUFFED DELI SANDWICHES

SERVED ON RYE BREAD UNLESS OTHERWISE REQUESTED WITH YOUR CHOICE OF POTATO SALAD, PASTA SALAD OR COLE SLAW. SUBSTITUTE A HOUSE SALAD FOR \$2.95. ADD FRENCH FRIES FOR \$2.95 OR ONION RINGS FOR \$3.95. HALF SANDWICH - 1/2 Price + \$2

ONION RINGS FOR \$3.95. HALF SANDWICH - 1/2	Price + \$2
•Hot Pastrami	15.95
 Hot Corned Beef 	15.95
 Hot Brisket of Beef 	15.95
•Roast Beef	15.95
lettuce, tomato and onion	
 Kosher Salami 	15.95
lettuce, tomato and onion	
Chopped Liver	15.95
lettuce, tomato and onion	
•Turkey Pastrami	15.95
lettuce, tomato and onion	
• Tuna Salad	15.95
lettuce, tomato and onion	
• Egg Salad	14.95
lettuce, tomato and onion	15.05
•Smoked Turkey	15.95
lettuce, tomato and onion	4- 4-
• Turkey off the Bird	15.95
lettuce, tomato and onion	
•Beef Tongue	16.95
•Black Forest Ham	15.95
lettuce, tomato and onion	
 Tuna Melt or Chicken Melt 	16.95
• Liverwurst	13.95
lettuce, tomato and onion	
•BLT	13.95
bacon, lettuce, tomato	4- 4-
•Chicken Salad	15.95
lettuce, tomato and onion	
Whitefish Salad	15.95
lettuce, tomato and onion	

VEGETARIAN SELECTIONS

SERVED WITH YOUR CHOICE OF POTATO SALAD, PASTA SALAD OR COLE SLAW. SUBSTITUTE A HOUSE SALAD FOR \$2.95. ADD FRENCH FRIES FOR \$2.95 OR ONION RINGS FOR \$3.95

Veggie Reuben	16.95
Eggplant, avocado, tomato, swiss cheese and sauerkraut served on hot grilled rye with Russian dressing	
Veggie Burger	13.95
Fresh vegetable patty with swiss cheese on a kaiser roll	
 Roasted Eggplant and Vegetable 	15.95
Sandwich or Wrap	
Eggplant, roasted peppers, grilled red onions, tomato and provolone cheese served on rye bread	

• Mediterranean Pita 14.95

Lettuce, tomato, cucumber, red onion, chopped olives and feta cheese tossed with our own special dressing. Add grilled chicken for \$4.95

• Falafel Sandwich

Falafel halls with channel cucumber tomato

Falafel balls with chopped cucumber, tomato and cabbage with tahini sauce in pita bread

Del Mar Classic
 Avocado, sprouts, tomato, red onion, lettuce, swiss and cheddar cheese on whole wheat bread

Portobello Mushroom Sandwich 16.95

Grilled portobello mushroom with roasted peppers, provolone cheese and balsamic dressing on a kaiser roll

FROM THE GRILL

SERVED WITH YOUR CHOICE OF FRENCH FRIES, POTATO SALAD, PASTA SALAD OR COLE SLAW. SUBSTITUTE A HOUSE SALAD FOR \$2.95.

Grilled Steak Sandwich 6oz steak, lettuce, tomato, onion and pesto sauce served on a French roll	19.95
• Swiss Turkey Bacon Burger Turkey patty, Swiss cheese, turkey bacon, grilled onions, sauteed mushrooms, romaine lettuce, tomato	15.95
• Jalapeno Cancun Burger Beef patty, jack cheese, lettuce, tomato, red onion, jalapenos and avocado sauce	15.95
• Hawaiian Burger Beef patty, Mozarella cheese, grilled pineapple, Canadian bacon, lettuce, tomato	15.95
Power Burger A half pound burger with lettuce, tomato, onion and cheddar cheese on a kaiser roll	14.95
California Cheeseburger With turkey bacon, avocado, jack cheese, lettuce, tomato, onion on a kaiser roll	15.95
• Turkey Burger Served with cranberry sauce, lettuce, tomato, onion on a kaiser roll	14.95
• Patty Melt Served on grilled rye bread with swiss cheese and grilled onions	16.95
• Grilled Chicken Sandwich A grilled chicken breast with avocado, lettuce, tomato, onion and swiss cheese on a kaiser roll	16.95
• Grilled Turkey Sandwich Served with ortega chilis and jack cheese on grilled sourdough bread	15.95
• Giant Vienna All Beef Hot Dog Served with grilled onions on a french roll	12.95
• Reuben Dog With sauerkraut, Russian dressing and swiss cheese on a french roll	15.95
Grilled Knockwurst Served with baked beans and sauerkraut	13.95

ELIJAH'S WRAPS

SERVED WITH YOUR CHOICE OF POTATO SALAD, PASTA SALAD OR COLE SLAW.

Grilled Chicken Wrap Grilled chicken with grilled portobello mushrooms, mixed greens and honey mustard dressing	15.95
Chicken Caesar Wrap	15.95
Romaine lettuce tossed in our homemade dressing with grilled chicken	
•California Wrap	15.95
Choice of smoked turkey, black forest ham or turkey pastrami, with avocado, tomatoes and lettuce	
•Grilled Steak Wrap	18.95
Grilled steak and mushrooms, mescaline greens and honey mustard dressing	
•Elijah's Salad Wrap	14.95
Choice of tuna, chicken or egg salad with romaine lettuce	
•Elijah's Meat Wrap	16.95
Choice of two: corned beef, pastrami, turkey off the bird, smoked turkey topped with Russian dressing	



SIDES

•One Egg	3.50
•Two Eggs	4.95
 Cottage Cheese 	3.95
• Thick Cut Bacon (4) or Turkey Bacon	5.95
• Sausage Links (4) turkey or bacon	5.95
•Ham Steak	6.95
 Canadian Bacon 	4.95
 Bagel w/ Cream Cheese 	4.95
• Side of Lox	10.95
• Corned Beef Hash or Turkey Hash	7.95
Hash Browns	5.95
 Home Fries 	5.95
 Buttermilk Pancake 	5.95
• Toast	2.50

ON THE SIDE

•Cole Slaw, Potato or Pasta Salad	3.95
Side of Tomatoes	1.95
 Fresh Fruit Cup 	4.95
Avocado	2.95
•Cheese	2.25
•Blintz	4.95
Choice of cherry, apple or cheese.	
 Basket of French Fries 	4.95
Basket of French FriesBasket of Onion Rings	4.95 5.95
•Basket of Onion Rings	5.95
Basket of Onion RingsMashed Potatoes	5.95 4.50
Basket of Onion RingsMashed PotatoesPotato Pancake	5.95 4.50 4.50
Basket of Onion RingsMashed PotatoesPotato PancakeSautéed Mushrooms	5.95 4.50 4.50 4.95

ENTRÉES

SERVED WITH YOUR CHOICE OF POTATO PANCAKE OR GARLIC MASHED POTATOES & SAUTÉED SEASONAL VEGETABLES. ADD CUP OF SOUP OR SALAD FOR \$4.95

•Roasted Half Chicken	19.95
(served after 4p.m.). Herb basted and slow cooked in its natural juices	
•Brisket of Beef	22 OF
Tender roasted beef brisket served with au	22.95

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• Sliced Turkey Breast 21.95

Tender slices of white turkey meat served with rich turkey gravy and cranberry sauce

Stuffed Cabbage Rolls
 Stuffed with fresh herbs and beef in traditional sweet and sour sauce
 Turkey or Beef Meatloaf
 19.95

Homemade with fresh herbs and served with a side of cranberry sauce

•Liver and Onions 19.95

Sautéed livers smothered with grilled onions

Salmon with Lemon Caper Sauce 23.95

Grilled salmon covered with our lemon caper sauce

• Oven Baked Short Ribs 22.95

Boneless beef short ribs cooked in its own juices.

• Elijah's Steak 25.95
A tender 8oz cut of angus beef grilled to

A tender 8oz. cut of angus beef grilled to your desired temperature

PASTAS

ADD CUP OF SOUP OR SALADFOR \$4.95

Portabello and Duck Rotini 22.95

Roast duck breast, portobello mushroom, red peppers, fresh spinach, sautéed garlic tossed with light cream sauce and rotini pasta

Angel Hair Chicken Pomodoro 18.95

Fresh roma tomatoes, basil and garlic tossed with marinara and angel hair pasta topped with grilled chicken

Fettuccine Primavera 17.95

Fresh seasonal vegetables tossed with fettucine pasta tossed in a light herb cream sauce

CHICKEN OR BEEF \$17.95 ENCHILADAS

Three enchiladas hand-rolled and made to order. Served with Mexican rice, black beans and green chili sauce.

BLINTZES

\$17.95

Meat Blintzes

Three homemade blintzes filled with turkey meat, grilled onions and served under mushroom sauce

Vegetarian Blintzes

Three homemade blintzes with spinach, feta cheese, artichoke dip and served under mushroom sauce



CAKES

• New York Cheesecake Plain or Strawberry	7.95
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 Black Forest Cake 	8.95
 Chocolate Fudge Cake 	8.95
 German Chocolate Cake 	8.95
•Blackout Cake	8.95
•Carrot Cake	8.95
•Slice of Pie	5.95

Cherry, Apple * A la mode - \$3.50

DESSERTS

2 2 3 2 1 1 1 3	
•Banana Split	10.95
•Chunky Brownie Delight	9.95
• Eclair	7.95
•Napoleon	7.95
 Single Scoop of Icecream 	5.95
Chocolate, Vanilla, Strawberry	
 Double Scoop of Icecream 	9.95
Chocolate, Vanilla, Strawberry	



EGGS & OMELETTES

SERVED WITH YOUR CHOICE OF HASH BROWNS, HOME FRIES, FRESH FRUIT CUP, BAGEL OR TOAST.
SUBSTITUTE EGG WHITES OR EGG BEATERS FOR \$1.50.

Two Eggs Any Style	11.95
Two Eggs Any Style	13.95
with choice of meat: ham, bacon or turkey	

with choice of meat: ham, bacon or turkey bacon, sausage or turkey sausage

• Two Eggs Any Style 19.95 with steak (6oz)

• Three Egg Omelette 14.95

with your choice of 2 sides: cheddar, swiss, jack, provolone, feta cheese, sauteed mushrooms, spinach, broccoli, bacon, ham, salami, or smoked turkey. Add another item for \$1.25

• Pomodoro Omelette 16.95

Garlic sauteed tomatoes, basil and Parmesan cheese. Served with garlic bread. Add grilled chicken breast for \$495.

• Reuben Omelette 17.95

Chopped corned beef, sauerkraut, melted swiss cheese and russian dressing

• French Omelette 17.95

Grilled chicken breast, bacon, red onions and crumbled blue cheese. Topped with olives and avocado.

Mexican Omelette 16.95

Chorizo, peppers, potatoes, mixed cheese, avocado sauce. Served with salsa fresca and sour cream

• California Tex-Mex Omelette 16.95

Peppers, onions, avocado, jack cheese and salsa fresca

Veggie Delight Omelette 15.95

Broccoli, spinach, sautéed mushrooms, onions, peppers and tomatoes

Low Fat Omelette 16.95

Egg white omelette with diced tomatoes, red peppers, basil, cilantro and topped with crumbled feta cheese

PANCAKES & WAFFLES

 Buttermilk Pancakes 	10.95
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- Strawberry, Blueberry or Banana 13.95
 Pancakes
- Belgian Waffle 10.95

Add strawberries, blueberries or bananas for \$2.50

•Challah French Toast 13.95

Made with thick slices of our homemade challah

Short Stack of Pancakes 8.95



EGGS BENEDICT

SERVED WITH YOUR CHOICE OF HASH BROWNS, HOME FRIES OR FRESH FRUIT CUP.

• Eggs Benedict 16.95

Poached eggs on toasted English muffins with canadian bacon, topped with hollandaise sauce

Lox Benedict 18.95

Poached eggs on toasted English muffins with hand sliced nova lox, avocado and topped with hollandaise sauce

•Crab Cake Benedict 18.95

Poached eggs on crab cakes with spinach, avocado and topped with hollandaise sauce

Corned Beef Hash Benedict 18.95

Poached eggs on toasted English muffins with corned beef hash and topped with hollandaise sauce

• Eggs Florentine 16.95

Poached eggs on toasted English muffins with spinach, avocado and topped with hollandaise sauce

•Eggs Blackstone 16.95

Poached eggs on toasted English muffins with bacon, tomato and topped with hollandaise sauce



DELI HASHES

ALL DELI HASHES ARE TOSSED WITH CRISPY POTATOES AND TOPPED WITH TWO EGGS. SERVED WITH YOUR CHOICE OF TOAST OR BAGEL.

• Mushroom 15.95

Fresh mushroom, artichoke hearts, boasted red tomatoes and fresh spinach

• Ground Turkey 15.95

Ground turkey, onion, bacon and mozarella

• Roasted Chorizo 15.95

Roasted chorizo, charred tomatoes, corn, baby green beans and mozarella cheese

• Corned Beef Hash 16.95

Corned beef, onions and Swiss cheese

• Meatloaf 15.95

Meatloaf, roasted red peppers, fresh spinach and mozarella cheese

ASK YOUR SERVER ABOUT MENU ITEMS THAT ARE COOKED TO ORDER OR SERVED RAW. CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS.

•Hot Oatmeal 7.95

Add berries for \$2.50



BREAKFAST SPECIALTIES

American Combo	13.95
A short stack of pancakes, one egg any style and two strips of bacon or two sausage links	
 Create Your Own Trio 	14.95
Choose any three: blintz, knish, potato pancake, challah french toast or short stack of pancakes	
Cheese Blintzes	14.95
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Three rich homemade blintzes filled with creamy farmer's cheese, apple cubes or cherries, served with sour cream and apple sauce

 Matzo Brie 12.95 Our own secret blend of matzo and eggs.

 Breakfast Bagel Sandwich 12.95

A sliced bagel with scrambled eggs, bacon and cheddar cheese

·Leo's 17.95

Lox, 3 eggs and onions, scrambled together. Served with your choice of home fries, hash browns or fresh fruit cup with either toast or

 Breakfast Burrito 12.95

Scrambled eggs, choice of crisp bacon or turkey bacon, cheddar cheese, potatoes, onions, peppers & salsa wrapped in a tortilla. Served with fresh fruit cup.

Big Wave Breakfast 25.95

Two eggs any style, bagel of your choice, lox or whitefish, your choice of bacon, turkey bacon, corned beef hash or grilled salami with cucumber, tomato, onion, cream cheese, fresh fruit. and a glass of OJ or a cup of coffee

Deli Scrambled Eggs 14.95

With your choice of corned beef, pastrami or salami. Add a second meat for \$1.50 Served with your choice of home fries, hash browns or fruit cup with either toast or a bagel.

SMOKED FISH PLATTERS

SERVED WITH LETTUCE, TOMATO, CUCUMBER, ONION, OLIVES, CAPERS AND A BAGEL WITH CREAM CHEESE

For One	For Iwo
19.95	35.95
19.95	35.95
22.95	35.95
	19.95

 Lox Sandwich 19.95

Nova lox on a toasted bagel of your choice with cream cheese, tomato, onion, cucumber, capers and lettuce

JUST FOR KIDS

FOR CHILDREN 10 AND UNDER.

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COMES WITH YOUR CHOICE OF SMALL SODA, MILK OR JUICE AND A CHOICE OF CHOCOLATE CHIP OR SUGAR SPRINKLE COOKIE.

 Scrambled Eggs with loast 	8.25
•French Toast	8.25
•Four Little Pancakes with Bacon	8.95
 Chocolate Chip Pancakes 	8.25
•Macaroni and Cheese	8.25
 Pasta with Marinara or Butter 	8.95
 Peanut Butter and Jelly Sandwich with Fries 	8.95
•Burger with Fries	10.95
 Hot Dog with Fries 	10.95
 Grilled Cheese with Fries 	10.95
 Chicken Tenders with Fries 	10.95
Cheese Pizza with Fries	10.95